



Monday 12th February 2024



We gather

Transformation





Monday 26th February 2024



We gather



We listen

In the name of the Father, Son
and Holy Spirit

Do not conform to the pattern of this world, but be transformed by the
renewing of your mind (Romans 12:2)



We respond

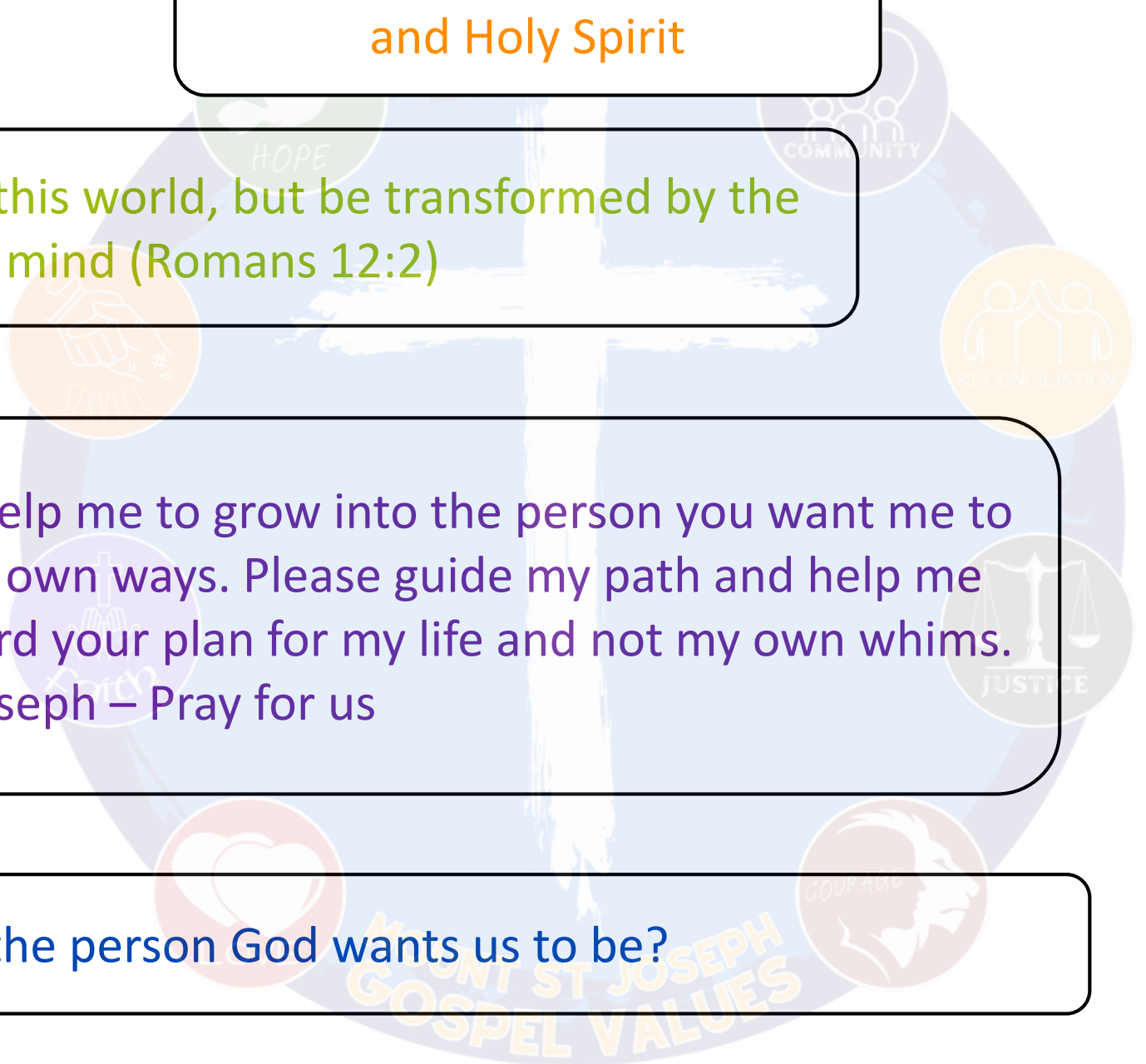
God, Please guide my heart, and help me to grow into the person you want me to
be. Rather than me following my own ways. Please guide my path and help me
take steps that will guide me toward your plan for my life and not my own whims.

St Joseph – Pray for us



We go forth

How can we be the person God wants us to be?





Tuesday 27th February 2024



We gather

St David's Day

In the name of the Father, Son
and Holy Spirit





Tuesday 27th February 2024



We listen

“Be joyful and keep your faith and your creed. Do the little things that you have heard about and seen me do. I will walk the path that our fathers trod before us.” (St David)



We respond

St David chose to live a simple life, and helped others whose lives were simple not through choice but circumstances. Pray that I may consider my choices and live more simply in order to make a big difference to others.
Show me the way to make small tasks occasions of prayer. Kindle in me a love of God so that in everything I do, I will keep that spirit of prayer.
St Joseph – Pray for Us



We go forth

What “little things” can we do today?



ST JOSEPH
GOSPEL VALUES



Wednesday 28th February 2024



We gather

In the name of the Father, Son
and Holy Spirit



We listen



Listen to this short piece of music in sacred silence



We respond



We go forth

What change would we like to see?





Thursday 29th February 2024



We gather

In the name of the Father, Son and Holy Spirit



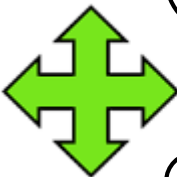
We listen

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!



We respond

Lord, transform us – not for our benefit, but for the benefit of the world.
Do your work in us –molding us, making us, shaping us, changing us,
To be the new creation you have called us to be.
St Joseph – Pray for us



We go forth

How can we change to help others?