



Monday 12th February 2024



We gather

Healing





Monday 12th February 2024



We gather



We listen

In the name of the Father, Son
and Holy Spirit

The leprosy left the man at once, and he was cured (Mark 1:42)



We respond

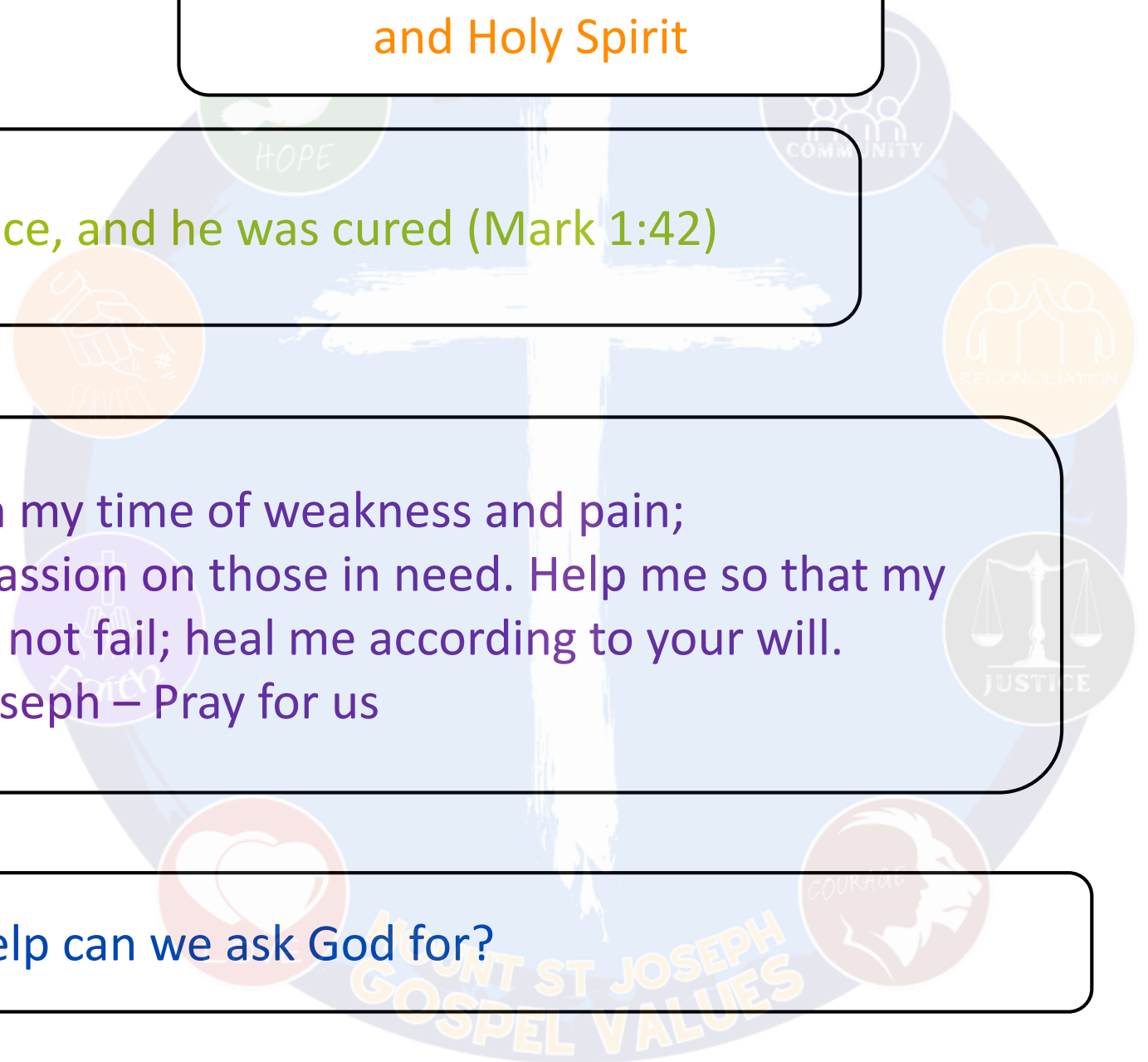
God, Be near me in my time of weakness and pain;
Thank you that you have compassion on those in need. Help me so that my
strength and courage may not fail; heal me according to your will.

St Joseph – Pray for us



We go forth

What help can we ask God for?





Tuesday 13th February 2024



We gather

In the name of the Father, Son
and Holy Spirit



We listen



Listen to this short piece of music in sacred silence



We respond



We go forth

How can we bring peace to others today?





Wednesday 14th February 2024



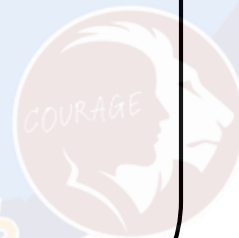
We gather

In the name of the Father, Son and Holy Spirit



We listen

Is not this the kind of fasting I have chosen:
to loose the chains of injustice
and untie the cords of the yoke,
to set the oppressed free
and break every yoke?
Is it not to share your food with the hungry
and to provide the poor wanderer with shelter—
when you see the naked, to clothe them,
and not to turn away from your own flesh and blood?
(Isaiah 58:6-9)



MONSIEUR ST JOSEPH
GOSPEL VALUES



Wednesday 14th February 2024



We respond

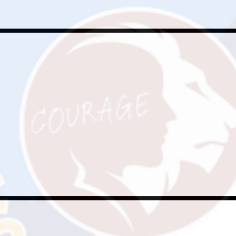
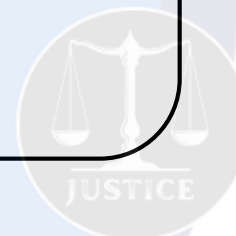
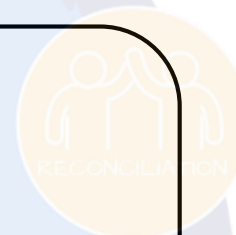
Forgive us Lord for our apathy,
for our lack of courage to speak out.
Forgive us when we walk past and don't offer help.
Forgive us when we get it wrong.

St Joseph – Pray for us



We go forth

How can we serve others during Lent?



MOUNT ST JOSEPH
GOSPEL VALUES



Thursday 15th February 2024



We gather

In the name of the Father, Son and Holy Spirit



We listen

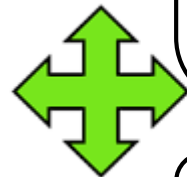
He heals the brokenhearted
and binds up their wounds. (Psalm 147:3)



We respond

God, touch my soul with Your compassion for others; touch my heart with Your courage and infinite Love for all; touch my mind with Your Wisdom. Teach me to reach out to You in all my needs.

St Joseph – Pray for us



Where in our lives can we bring healing?