

Mount St. Joseph

"A community of Learners, Believers and Friends"

GMO/LTa/Parents/RSE Respect Day/Respect Day July 19

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18th June 2019

Dear Parent/ Carer

Respect Day Tuesday 16th July 2019

As you are aware, there can be a great deal of pressure on young people today, as they are subject to a range of opinions relating to serious social and moral issues in magazines, newspapers, television and on social media.

As a school, we have the responsibility to prepare our young people for the challenges of growing up with a real understanding of the rights and responsibilities that accompany individual freedom and choice. We are bound by the government's requirements to ensure that young people receive personal, social, health and economic education; we try to do this within the context of the Catholic Church's vision and we approach sensitive issues with empathy and compassion.

This year we have created a programme called 'Respect Day' which is to be held on **Tuesday 16th July 2019**. This will take place during school hours and will follow the normal school day pattern. During the course of the day, some students will also benefit from the expertise of external agencies, such as the police.

The materials used in the workshops have been developed in line with our policies regarding Personal, Social and Health Education. There will be workshops of about fifty minutes duration based on the following themes:

- Peer pressure, self-respect and staying safe;
- Teenage health and the pressures of social media;
- Healthy Relationships and exploitation.

If you have concerns about any aspect of the day or wish to withdraw your child from this experience, please contact school. Alternative curriculum provision will be provided for any student not wishing to take part in the programme.

Yours faithfully

G Morris

Mrs G Morris
Head of Inclusion