# Activity sheet 1.5: Puberty

Learning aim A: Understand human growth and development across life stages and the factors that affect it

Learning aim A1: Human growth and development across life stages

Fill in this table on the physical changes that girls and boys experience during puberty. Think about whether the changes are **primary** sexual characteristics or **secondary** sexual characteristics. Make sure you use the correct columns.

Hint

Remember that primary sexual characteristics are those present at birth, and that they mature during puberty. They are important for reproduction.

|  |  |
| --- | --- |
| GIRLS | BOYS |
| Primary sexual characteristics | Primary sexual characteristics |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| Secondary sexual characteristics | Secondary sexual characteristics |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |