# Activity sheet 1.12: Social development in adolescence and adulthood

Learning aim A: Understand human growth and development across life stages and the factors that affect it

Learning aim A1: Human growth and development across life stages

**Socialisation** is the process of becoming a member of society. It means developing skills and abilities to build and maintain different types of relationships. Relationships may be informal or formal.

1. List the people you have informal relationships with. Then list the people you have formal relationships with.

i. Informal

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ii. Formal

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2. You are about to read three scenarios and answer questions on them.

Think carefully about each relationship type before you write your answers. Consider the reasons we bond with others, such as: sharing common interests, listening to others’ views, having respect, valuing others’ opinions, conforming to the way others behave, understanding another person’s problems or difficulties, and sharing cultures or religions.

**Scenario 1:** Mila is 15. She goes to school with Harry, 16. They get on really well and spend time together every break. They like the same kind of films, so Harry has asked Mila to go to the cinema with him on Saturday.

i. What is Mila’s life stage? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ii. What type of relationship have Mila and Harry formed? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

iii. Why might Mila and Harry have formed a friendship?

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iv. What social skills and abilities do Mila and Harry need to maintain a positive relationship?

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**Scenario 2:** Rasheed is 35. He enjoys sport and has recently joined a squash club. He gets on really well with everyone at the club. He often stays after the game to have a coffee and chat with others. They chat about the game plus other interests.

i. What is Rasheed’s life stage? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ii. What type of relationship has Rasheed formed with the club members? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

iii. Why might Rasheed have formed a relationship with club members?

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iv. What social skills and abilities does Rasheed need to maintain a positive relationship with the club members?

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**Scenario 3:** Pauline is 82 years old. She has just returned home after a hip operation. The community nurse, Claire, visits her each day. She checks how Pauline is. She also checks her dressings and her mobility. Pauline discusses her worries with Claire. Claire gives her the help and advice she needs to help her progress. Pauline feels well supported and has formed a positive relationship with Claire.

i. What is Pauline’s life stage? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ii. What type of relationship has formed between Pauline and Claire? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

iii. What are the reasons for the developing relationship between Pauline and Claire?

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iv. What social skills have helped Claire to form a positive relationship with Pauline?

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Take it further

Can you think of other skills and abilities that help individuals to form relationships?   
List them below and continue on the back of this sheet if you need to.

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